

Cooking Conversions

1 GALLON = 4 QUARTS

1 QUART = 2 PINTS

1 PINT = 2 CUPS

| CUP | OUNCE | TBSP | TSP |
|------|-------|--------|-----|
| 1 | 8 | 16 | 48 |
| 3/4 | 6 | 12 | 36 |
| 2/3 | 5 1/3 | 10 2/3 | 32 |
| 1/2 | 4 | 8 | 24 |
| 1/3 | 2 2/3 | 5 1/3 | 16 |
| 1/4 | 2 | 4 | 12 |
| 1/8 | 1 | 2 | 6 |
| 1/16 | 1/2 | 1 | 3 |

